



BUSD AWARE

ADVANCING WELLNESS AND
RESILIENCY IN EDUCATION

Project AWARE's goal is to decrease youth violence and provide support for the healthy development of school-aged children.

If you or your child/student is in need of support please contact the numbers below.

Tohono O'odham Behavioral Health (520) 383-6165
Intermountain Mental Health Services (520) 383-1791
Tribal Warm Line 1-855-728-8630
Tribal Crisis Line 1-844-423-8759
Pima County Crisis Line (520) 622-6000

SAMHSA (Substance Abuse and Mental Health Services Administration) **1-800-662-4357**
or send your zip code via text message: **435748 (HELP4U)** to find help near you.

<https://www.samhsa.gov/find-help/national-helpline>



Funded through the Department of Health and Human Services Substance Abuse and Mental Health Service

BUSD MENTAL HEALTH- HOTLINES

GRIEF

1-800-445-4808 or Text "CARE" to 839863

National Suicide Prevention

1-800-273-8255 or text "HELLO" to 741741

<https://988lifeline.org/>

Bullying

1-800-420-1479 or text "HOME: to 741741

<https://www.stopbullying.gov/>

Domestic Violence

1-800-799-7233 or text "SUPPORT" to 741741

<https://www.thehotline.org/>

SELF HARM

1-800-366-8288 or Text "CONNECT" to 741741

<https://www.crisistextline.org/topics/self-harm/#what-is-self-harm-1>

LGBTQ+

1-866-488-7386 or Text "START" to 678678

<https://afsp.org/lgbtq-crisis-and-support-resources>

SEXUAL ASSAULT

1-800-656-4673 or Text "HOME" to 741741

<https://www.rainn.org/>

EATING DISORDERS

1-800-931-2237 or Text "NEDA" to 741741

<https://www.nationaleatingdisorders.org/>

MENTAL HEALTH

1-800-950-6264 or Text "NAMI" to 741741

<https://www.mentalhealth.gov/get-help>

PREGNANCY.

INFANT & CHILD LOSS

1-800-944-4773 or Text "HELLO" 741741

<https://thetearsfoundation.org/arizona/>