Protecting Your Child from Cyberbullying

What Should I Do to Help My Child?

- Help your child defuse the situation, keep safe, and make rational efforts to put a stop to the bullying.
- Reassure your love and support.
- Help your child step away from the device.
- Contact the school if it involves a peer.
- Help carry out specific steps to stop the bullying.

Steps for Your Child to Take

- Sign off of the computer/device.
- Don't respond or retaliate.
- Block the bully.
- Save and print out bullying messages.
- Tell a trusted adult.
- If school related, talk to a counselor.

Starting a Conversation

- Discuss what it means to be a **good friend.**
- Talk about **online vs. offline talk.**
- **Model** good communication.
- **Ask** if they've seen kids being mean online.
- Encourage the **"stand up, not stand by"** policy.
- Emphasize that **your door is always open.**

What Should I Teach My Child?

- **Know** what kids are doing online.
- **Keep** an eye on online socializing.
- **Explain** the basics of good behavior online.
- **Teach** about their digital footprints.
- **Keep** passwords private.
- **Encourage communication** with a trusted adult.
- **Establish consequences** for bullying behavior.
- **Be prepared** to deal with cyber bullying.
- **Think** before you post, text, or share.

CITIZENSHIP
IN THE DIGITAL AGE

The hallmarks of good citizenship – being respectful, responsible and contributing to the community – also apply to being a good digital citizen. Students must learn to develop these skills to be successful in school, at work and in their communities.

A GOOD CITIZEN...

1 Advocates for equal human rights for all.

2 Treats others with respect.

3 Does not steal or damage others' property.

4 Communicates clearly, respectfully and with empathy.

A GOOD DIGITAL CITIZEN...

Advocates for equal digital rights and access for all.

5 million school-age children do not have internet access at home

Seeks to understand all perspectives.

91% of surveyed Gen Z youth use technology to gain perspective on people different from themselves
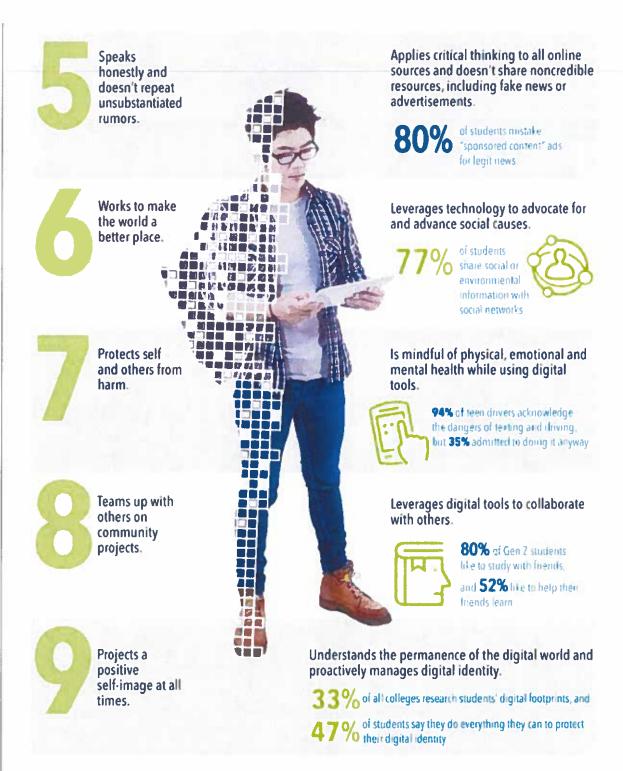
Respects the digital privacy, intellectual property and other rights of people online.

80% of UK students believe knowing about intellectual property rights is important for their future careers

Communicates and acts with empathy for others' humanity via digital channels.

88% of teens who use social media have witnessed other people being cruel online

5 Speaks honestly and doesn't repeat unsubstantiated rumors.

6 Works to make the world a better place.

7 Protects self and others from harm.

8 Teams up with others on community projects.

9 Projects a positive self-image at all times.

Applies critical thinking to all online sources and doesn't share noncredible resources, including fake news or advertisements.

80% of students mistake "sponsored content" ads for legit news

Leverages technology to advocate for and advance social causes.

77% of students share social or environmental information with social networks

Is mindful of physical, emotional and mental health while using digital tools.

94% of teen drivers acknowledge the dangers of texting and driving, but **35%** admitted to doing it anyway

Leverages digital tools to collaborate with others.

80% of Gen Z students like to study with friends, and **52%** like to help their friends learn

Understands the permanence of the digital world and proactively manages digital identity.

33% of all colleges research students' digital footprints, and

47% of students say they do everything they can to protect their digital identity

Find more digital citizenship resources at iste.org

ISTE

Resources

- https://www.iste.org/explore/articleDetail?articleid=192
- http://edtechreview.edtechreview.info/trends-insights/insights/1331-why-is-digital-citizenship-important-even-for-youngest-kids
- https://www.iste.org/explore/articleDetail?articleid=535
- https://www.educatorstechnology.com/2014/12/the-9-features-of-good-digital-citizen.html
- https://dpi.wi.gov/internet-safety/digital-citizenship
- https://www.commonsensemedia.org/educators/digitalcitizenshipweek/home