Buildog Wellness Center



1106 West Quay Ave.

APS employees and students can contact Permian Basin Counseling & Guidance (PBCG) to receive services at the Bulldog Wellness Center.

PBCG will schedule all appointments.

Mental Health Services

Permian Basin Counseling & Guidance (PBCG)

Offers hope & healing to the rural Permian Basin communities of Southeastern New Mexico. PBCG's mission is to enable individuals and families to reach their full potential in body, mind, and spirit, using evidence-based counseling and educational services. These services are available to all APS employees and students.

Phone: 575-249-2561

Office hours: Monday – Friday 8:00 am -5:00 pm 102 S. Main Street Carlsbad, NM 88220

Email: Info@pbcg.org

Website: permianbasincounseling.org

Referral Forms:

Any APS employee or student can request services using the referral form located on the pbcg website. Fax: 575-541-3645 or email form to info@pbcg.org

Examples of Services Offered:

- Individual Therapy
- Family Therapy
- Children's Play Therapy
- Grief & Loss Counseling
- Therapy for Substance Use Issues
- Depression & Anxiety
- Cognitive Behavior Therapy
- PTSD & Trauma
- Children & Adolescent Therapy