

Middle School Breakfast  
Breakfast

Fremont CSD #1

| Mon  | Tue  | Wed  | Thu   | Fri   |
|--|--|--|---|---|
| 2/27/2023  | 2/28/2023  | 3/1/2023   | 3/2/2023  | 3/3/2023  |
| <b>Main Entree</b><br>Breakfast Burrito Cheese & Egg<br>Assorted Cold Cereal<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit<br>Assorted Fruit Juice Cups             | <b>Main Entree</b><br>Mini Bagel<br>Assorted Cold Cereal<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit  | <b>Main Entree</b><br>Muffin Assorted WG (2.0 oz)<br>Yogurt Yami 4 oz<br>Assorted Cold Cereal<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit<br>Juicy Juice 4 oz | <b>Main Entree</b><br>Breakfast Smoothie- Apple Spice<br>Assorted Cold Cereal<br><b>Grain</b><br>Scooby Snacks<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit | <b>Main Entree</b><br>Pancake WG<br>Assorted Cold Cereal<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit<br><b>Dessert</b><br>Syrup Cup        |
| 3/6/2023   | 3/7/2023   | 3/8/2023   | 3/9/2023  | 3/10/2023   |
| <b>Main Entree</b><br>Biscuit & Gravy<br>Assorted Cold Cereal<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit   | <b>Main Entree</b><br>Egg Cheese Sandwich<br>Assorted Cold Cereal<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit<br>Juicy Juice 4 oz   | <b>Main Entree</b><br>Donut Ring Magic Apple<br>Gogurt<br>Assorted Cold Cereal<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit                                    | <b>Main Entree</b><br>Banana Split Parfait<br>Assorted Cold Cereal<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit<br>Juicy Juice 4 oz                         | <b>Main Entree</b><br>Mini Waffle<br>Assorted Cold Cereal<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit<br><b>Dessert</b><br>Syrup Cup       |
| 3/13/2023  | 3/14/2023  | 3/15/2023  | 3/16/2023   | 3/17/2023   |
| <b>Main Entree</b><br>Omelet Cheese Colby<br>Toast WG<br>Sausage Link<br>Assorted Cold Cereal<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit<br>Juicy Juice 4 oz     | <b>Main Entree</b><br>Bagel Blueberry WG<br>Assorted Cold Cereal<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit<br><b>Dessert</b><br>Cream Cheese Cup                          | <b>Main Entree</b><br>Banana Bread<br>Yogurt Yami 4 oz<br>Assorted Cold Cereal<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit<br>Assorted Fruit Juice Cups       | <b>Main Entree</b><br>Breakfast Smoothie- Berry Patch<br>Cereal Granola Singles<br>Assorted Cold Cereal<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit        | <b>Main Entree</b><br>Mini French Toast<br>Assorted Cold Cereal<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit<br><b>Dessert</b><br>Syrup Cup |
| 3/20/2023  | 3/21/2023  | 3/22/2023  | 3/23/2023   | 3/24/2023   |
| <b>Main Entree</b><br>Pancake Wrap Maple (Turkey)<br>Assorted Cold Cereal<br><b>Grain</b><br>Cinnamon Goldfish Graham<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit | <b>Main Entree</b><br>Eggstravaganza<br>Assorted Cold Cereal<br><b>Grain</b><br>Granola Bar Quaker<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit<br>Assorted Fruit Juice Cups | <b>Main Entree</b><br>Benefit Bar (assorted)<br>String Cheese Stick<br>Assorted Cold Cereal<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit                       | <b>Main Entree</b><br>Assorted Cold Cereal<br>Breakfast Pizza<br><b>Fruit</b><br>Fresh Fruit<br>Canned Fruit<br>Assorted Fruit Juice Cups                     |   |