

High School Breakfast
Breakfast

Fremont CSD #1

Mon	Tue	Wed	Thu	Fri
2/27/2023	2/28/2023	3/1/2023	3/2/2023	3/3/2023
Main Entree Mini French Toast Assorted Cold Cereal Egg, Hardboiled Cottage Cheese Toast WG Fruit Fresh Fruit Canned Fruit	Main Entree Breakfast Pizza Assorted Cold Cereal Donut Long John WG Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Main Entree Mini Bagel Assorted Cold Cereal Breakfast Smoothie- Lemonade Stand Cereal Granola Singles Fruit Fresh Fruit Canned Fruit	Main Entree Breakfast Burrito Cheese & Egg Assorted Cold Cereal Apple Frudel Vegetable Salsa Cup 3 oz Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Main Entree Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG Fruit Fresh Fruit Canned Fruit
3/6/2023	3/7/2023	3/8/2023	3/9/2023	3/10/2023
Main Entree Pancake WG Assorted Cold Cereal Egg, Sausage, Biscuit Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups Dessert Syrup Cup	Main Entree Avocado Toast w/ hard boiled eggs Assorted Cold Cereal Pancake Wrap Maple (Turkey) Grain Cinnamon Goldfish Graham Fruit Fresh Fruit Canned Fruit Dessert Syrup Cup	Main Entree Muffin Assorted WG (2.0 oz) Yogurt Yami 4 oz Assorted Cold Cereal Eggstravaganza Biscuit Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Main Entree Banana Split Parfait Assorted Cold Cereal Benefit Bar (assorted) String Cheese Stick Fruit Fresh Fruit Canned Fruit	Main Entree Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG Fruit Fresh Fruit Canned Fruit Assorted Fruit Juice Cups
3/13/2023	3/14/2023	3/15/2023	3/16/2023	3/17/2023
Main Entree Mini French Toast Assorted Cold Cereal Egg, Hardboiled Cottage Cheese Toast WG Fruit Fresh Fruit Canned Fruit	Main Entree Breakfast Bowl Assorted Cold Cereal Donut Ring Magic Apple Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Main Entree Bagel Plain WG Assorted Cold Cereal Breakfast Smoothie- Lemonade Stand Cereal Granola Singles Fruit Fresh Fruit Canned Fruit Dessert Cream Cheese Cup	Main Entree Breakfast Burrito Cheese & Egg Assorted Cold Cereal Apple Frudel Vegetable Salsa Cup 3 oz Fruit Fresh Fruit Canned Fruit Juicy Juice 4 oz	Main Entree Biscuit & Gravy Assorted Cold Cereal Cinnamon Roll WG Fruit Fresh Fruit Canned Fruit

Mon	Tue	Wed	Thu	Fri
3/20/2023	3/21/2023	3/22/2023	3/23/2023	3/24/2023
Main Entree	Main Entree	Main Entree	Main Entree	
Mini Waffle Assorted Cold Cereal Cheese Egg Sausage Sandwich	Eggstravaganza Biscuit Assorted Cold Cereal Benefit Bar (assorted) String Cheese Stick	Pancake Wrap Maple (Turkey) Assorted Cold Cereal Banana Bread Gogurt	Omelet Cheese Colby Sausage Link Toast WG Assorted Cold Cereal Fruity Oatmeal	
Fruit	Fruit	Fruit	Fruit	
Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Fresh Fruit Canned Fruit	Fresh Fruit Canned Fruit Assorted Fruit Juice Cups	Fresh Fruit Canned Fruit	
Dessert				
Syrup Cup				